

Early Help for Students and Families

The Bewdley School recognises the challenges families can face and that there may be times when you need extra help and support. If this is the case, please come and talk to us. There are many ways our school can help and support you and your family.

We will offer specific support to students identified in school that would benefit from targeted interventions and our early help offer.

We can also help to plan specific support for families by following the Early Help Pathway, meaning we can support a whole family early help assessment, where extra support can be identified. We will work with you as a family to set and achieve positive outcomes.

Early help in schools means providing support as soon as a problem emerges, at any point in a child's life, from year 7 into 6th form.

The diagram below shows the range of needs at different levels. We use this graduated approach to make sure we provide the best support for different families' individual situations.



How to contact us:

You can ring main reception on [01299403277](tel:01299403277) to request to speak with any member of the pastoral team.

You can ask for help by clicking the link below. You will be requested to complete a small form to give us information about your worry. If you access this service then a member of the safeguarding team will phone you back or take appropriate actions.

<https://www.bewdley.worcs.sch.uk/contact-us/>

The Designated Safeguarding Lead (DSL): Mr Chauhan

email: dch@bewdley.worcs.sch.uk Telephone:01299 403 277

The deputy DSL's:– Natasha George, Annette Harper, Sarah Leach, Gemma Evetts, Kate Curtis, Dan O'Malley, Carl Horton, Christian Bromley, Andy Whordley

The nominated safeguarding governor: Mr Richard Vaux

The Co- Headteacher's: Mr Chauhan and Mrs McDougall

email: dch@bewdley.worcs.sch.uk and cmc@bewdley.worcs.sch.uk

The Chair of Governors: Mr Richard Vaux

The Bewdley School's Early Help Offer

How is support provided?

When a need for support is identified information will be considered by the pastoral team, through regular triage meetings.

This takes place to ensure that students and families are signposted to external services, if appropriate, and to ensure that the correct support is provided in each case.

As a part of the triage process the following areas of support will be considered alongside any appropriate external agencies, services or charities that may be able to help.

- Family Support & Engagement
- Mental Health & Wellbeing
- Social, Emotional & Behavioral Difficulties
- Special Educational Need & Disability

Tier 1 Support

- **Universal offer**- Personal development curriculum, daily support from form tutors, workshops, speakers and newsletters to parents
- **Mental Health and Wellbeing signposting**- displays, post cards and social media
- **Whole staff training**- Whole school safeguarding, attendance strategy, TiS, ACE's
- **Student check-ins** - offered to students with emerging barriers or challenges where a tier 2 provision is not appropriate. This allows the team to develop a rapport with the student should a higher level of support be required in the future
- **Mental health first aiders and Mental health lead**- provide support as required
- **Safeguard support** from all staff and specialist support from the safeguarding team

Tier 2 Support

This will be offered for a range of challenges/ barriers that our students and families may be facing.

This may include:

- Anxiety
- Mental Health
- Behavior
- Family Support
- Support managing emotions
- Social support
- Attendance

The support considered includes:

- **Trusted adult check ins**- targeted support as required
- **EBSA (Emotionally Based School Non- Attendance)**- specialist attendance support
- **Thrive**- Targeted support using the Thrive approach
- **ELSA**- Emotional Literacy Support Assistant- one on one support for students
- **Will Mills Foundation**- Awards and Programme
- **PCSO- Police Community Support Officer**- to provide targeted support and advice to students
- **Climb Project**- Police programme to support students that meet their criteria to help develop self-esteem and positive decision making
- **Behavior support plans and intervention**
- **Behavior mentoring**- work with student support to identify barriers to learning and methods of helping to remove barriers
- **Blues Programme**- group mental wellbeing focus groups

Tier 3 support

This will be offered if tier 2 strategies have been unsuccessful or if a student is presenting with challenges that require more specialist support.

- **Attendance reintegration plans**
- **Pastoral support plans and provision planning**
- **Trauma informed Schools**- specialised support for those students that have experienced difficulties that require specialist support and possible communication without side agencies
- **Kemp** – bereavement support. <https://www.kemphospice.org.uk/how-can-we-help/family-support-and-bereavement-service/>
- **Home start**- Family Support. https://www.homestartwyreforest.org.uk/about_us
- **Night stop**- mediation (family or friends) and homeless support. <https://www.wyreforestnightstop.org.uk/how-we-help>
- **Act on it**- mental health and well being support
- **CAMHS West**- in school CAMHS support service
- **CAMHS CAST**- guidance for professionals to support students with mental health difficulties

Tier 4 support - External referrals

- **WCF- Early Help**
- **WCF- Social Care**
- **CAMHS**
- **Purple Leaf**
- **Cranston**
- **SEN Services**
- **CCN**
- **Any other appropriate agency that we feel will benefit our students**

Student Support- Reintegration Plan

- The Reintegration Plan is a strategy used to remove barriers to education. If a student has a reintegration plan, they will have access to the student support area before and after school, an academic mentor who will act as an advocate in school and a point of communication.

Curriculum Support

- Curriculum support is our resource centre where all provision for Special Educational Needs and Disabilities is coordinated and deployed.
- The base can also offer a quiet, structured and supported space during break / lunchtime.

Educational Psychology Consultations and Complex Communication Team

- These are commissioned when there are complex and profound needs that prevent a student from accessing their education successfully. These are coordinated by the SENDCO.

External support for Young People and Worcestershire Families

Information about support for Parents and Careers in Worcestershire

<https://www.worcestershire.gov.uk/council-services/schools-education-and-learning/childcare/information-about-support-parents-and-carers>

Support for young People in Worcestershire

<https://www.startingwellworcs.nhs.uk/youngpeople>

Worcestershire Parenting Service

<file:///H:/Downloads/SWP%20ParentingBooklet%20Sept20%20WEB.pdf>

For support from Worcester County Council, you can use the following links:

Early Help

<https://www.worcestershire.gov.uk/council-services/childrens-social-care/early-help-family-support>

Children's Social Care

<https://www.worcestershire.gov.uk/council-services/childrens-social-care>

SEND Support

<https://www.worcestershire.gov.uk/council-services/schools-education-and-learning/send-local-offer>

Additional Support and Guidance

E-safety (Online Safety)	<p>Online Activity (phones, computers) can be a serious risk to children: The use of technology has become a significant component of many safeguarding issues. Child sexual exploitation; radicalisation; criminal exploitation – technology often provides the platform that facilitates harm. With the right support, education and safety measures in place the internet and new technologies can also bring great benefits but we must all be vigilant to stay safe online.</p> <p>Resources to help you support your child:</p> <p>www.internetmatters.org</p> <p>www.ceopeducation.co.uk</p> <p>PACE (Parents Against Child Exploitation)- www.paceuk.info/</p>
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Mental Health

Please see a selection of the services available to support the mental health of young people and their families:

Children and Adolescent Mental Health Service

www.hacw.nhs.uk/camhs

Kooth

<https://www.kooth.com/>

Chat Health

A confidential texting service known as 'Chat Health' is available to all young people age 11-19 years. A School Health Nurse will be available between 9am and 4pm to offer support on any issues e.g. sexual health, bullying, friendships, low mood etc. There is no need for the young person to disclose their name if they do not wish. This can be accessed by texting **07507331750**.

Young Minds

<https://www.youngminds.org.uk/>

Childline

<https://www.childline.org.uk/>

0800 1111

Samaritans

www.samaritans.org.uk

MIND

<https://www.mind.org.uk/for-young-people/>

Papyrus- Prevention of Young Suicide

<https://www.papyrus-uk.org/>

Anxiety UK

<https://www.anxietyuk.org.uk/>

Bullying (including cyberbullying)

Cyberbullying is using the internet, email, online games or any digital technology to deliberately and repeatedly threaten, tease, upset or humiliate someone else.

If the police consider a message or post to be potentially criminal, they will take appropriate action. This could involve arresting the person responsible or interviewing them under caution. The police will consider all of the circumstances when considering the best response to a report of cyber bullying. They will work with the victim to bring about the most suitable and proportionate conclusion, this will include alternative options that could include the officer in the case using their discretion and working with the offender to record an apology to the victim.

Useful links

<https://www.nspcc.org.uk/what-is-child-abuse/types-of-abuse/bullying-and-cyberbullying/Bullying UK Childline>

<https://www.youngminds.org.uk/young-person/coping-with-life/bullying/>

<https://www.childline.org.uk/info-advice/bullying-abuse-safety/>

Teenage relationships

Healthy Relationship Support

<https://www.nspcc.org.uk/keeping-children-safe/sex-relationships/healthy-relationships/>

Chat Health

A confidential texting service known as 'Chat Health' is available to all young people age 11-19 years. A School Health Nurse will be available between 9am and 4pm to offer support on any issues e.g. sexual health, bullying, friendships, low mood etc. There is no need for the young person to disclose their name if they do not wish. This can be accessed by texting **07507331750**.

<p>Drug and Alcohol issues</p>	<p>Cranstoun www.cranstoun.org</p> <p>Support is available for adults and young people who are using drugs and/or alcohol and who are experiencing more serious difficulties associated with using drugs and alcohol. Support is also available for individuals affected by someone else using drugs and/or alcohol.</p> <p>Drink Aware</p> <p>A national alcohol helpline if you are worried about your own or someone else's drinking.</p> <p>03001231110</p>
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<p>Child Criminal Exploitation (County Lines)</p>	<p>It's important we are all aware of the dangers our students face, below is some further information relating to criminal exploitation:</p> <p>https://www.gov.uk/government/publications/criminal-exploitation-of-children-and-vulnerable-adults-county-lines</p> <p>Children who are trafficked, exploited or coerced into committing crimes are victims in need of safeguarding and support. Though perceptions are altering these young people are still often criminalised and perceived as having 'made a choice' to take part in illegal activity.</p> <p>https://www.catch-22.org.uk/child-criminal-exploitation/</p>
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Child Sexual Exploitation (CSE)

Key facts about CSE:

- It affects both girls and boys and can happen in all communities.
- Any young person can be targeted but there are some particularly vulnerable groups: Looked After Children, Children Leaving Care and Children with Disabilities.
- Victims of CSE may also be trafficked (locally, nationally and internationally).

Useful Websites

- [Barnardo's](#) spot the signs: Advice for parents and young people on the signs of sexual exploitation and how to keep safe
- [Parents Against Child Sexual Exploitation](#) pace is the leading national charity working with parents and carers whose children are sexually exploited
- [NSPCC](#) support and resources for CSE.
- Spotting The Signs of Child Sexual Exploitation: a 15 minute [YouTube clip](#) from Health Education England

Domestic violence

Here is a very helpful website for what do to in many different difficult situations:

<https://www.worcestershire.gov.uk/council-services/adult-social-care/safeguarding-and-concerns-about-adult/domestic-abuse-support/rape-and-sexual-assault>

<https://www.worcestershire.gov.uk/council-services/adult-social-care/safeguarding-and-concerns-about-adult/domestic-abuse-support>

West Mercia Rape and Sexual Abuse Support Centre:

<https://www.wmrsasc.org.uk/>

West Mercia Women's Aid:

<https://www.westmerciawomensaid.org/>

0800 980 3331

Gender-based violence/violence against women and girls

For information about West Mercia Rape and Sexual Abuse visit: <https://www.wmrsasc.org.uk/>

<https://www.worcestershire.gov.uk/council-services/adult-social-care/safeguarding-and-concerns-about-adult/domestic-abuse-support>

West Mercia Rape and Sexual Abuse Support Centre:

<https://www.wmrsasc.org.uk/>

Purple Leaf

<https://purpleleaf.org.uk/>

Support the survivors of all types of sexual abuse and violence providing a range of services such as advocacy, therapy, online and helpline service. Purple Leaf also provide advice and interventions to young people aged 5 to 18 years old who have exhibited or are at risk of harmful sexual behaviour.

Support:

<https://www.endviolenceagainstwomen.org.uk/find-help/>

Honour based violence (HBV)	<p>Honour' based violence (HBV) occurs when perpetrators believe a relative or other individual has shamed or damaged a family's or community's 'honour' or reputation, and that the only way to redeem the damaged 'honour' is to punish the individual. 'Honour' based violence is a term that is widely used to describe this sort of abuse however it is often referred to as so called 'honour' based violence because the concept of 'honour' is used by perpetrators to make excuses for their abuse. There is a very strong link between 'honour' based violence, forced marriage and domestic abuse. The police have made it a high priority to help communities fight back to tackle both honour-based violence and hate crime.</p> <p>The 'Honour Network Help line': 0800 5 999 247</p>
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Forced marriage	<p>UK Forced Marriage Unit www.gov.uk/stop-forced-marriage for information on Forced Marriage.</p> <p>fm@fco.gov.uk Telephone: 020 7008 0151 Call 999 (police) in an emergency.</p>
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<p>Preventing Radicalisation and Extremism/HATE</p>	<p>www.educateagainsthate.com is the government website providing information and practical advice for parents on protecting children from radicalisation and extremism.</p> <p>While it remains very rare for school age children to become involved in extremist activity to the point of committing criminal acts, young people can be exposed to extremist influences or prejudiced views, including via the internet, from an early age. As with other forms of criminality or risk of harm, early intervention is always preferable.</p>
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<p>Sexting/Sextortion/youth produced imagery</p>	<p>Advice and support:</p> <p>https://www.ceop.police.uk/safety-centre/</p> <p>https://www.nspcc.org.uk/keeping-children-safe/online-safety/sexting-sending-nudes/</p> <p>https://www.nspcc.org.uk/keeping-children-safe/support-for-parents/</p>
<p>Children with family members in prison</p>	<p>Approximately 200,000 children have a parent sent to prison each year. NICCO (www.nicco.org.uk) provides information to help mitigate the negative consequences for these children.</p>
<p>Children and the court system</p>	<p>Children are sometimes required to give evidence in courts, either for crimes committed against them or for crimes they have witnessed. The following document offers support with this:</p> <p>https://www.gov.uk/government/publications/young-witness-booklet-for-12-to-17-year-olds</p>

Stalking

General Advice:

- If it doesn't feel right it probably isn't!
- Seek support from trusted family/friends
- Report to the police and do this early
- Keep a diary in a secure location
- Screenshot emails etc and save them
- Photograph/video your stalker if safely possible
- Tighten security; home, work and on-line

National Stalking Helpline

For advice and support. The helpline will operate a triage service for local support and make referrals - Phone: 0808 802 0300

Website: www.stalkinghelpline.org

Email: advice@stalkinghelpline.org

Paladin: National Stalking Advocacy Service

For advice and referral. Phone line:

020 3866 4107

Email: info@paladinservice.co.uk Website:

www.paladinservice.co.uk/